Mentorship and collaboration for research (success)

1115

Department of Anesthesiology & Perioperative Medicine Faculty Development Series 11/8/2022

Keith M. Vogt, MD, PhD, FASA







Learning Objectives

Describe my journey to becoming an independent investigator

Emphasize the importance of mentors, advisors, and collaborators in any successful research program MANY in the department have given me professional and career mentoring/advising.







Let's start with the highlights.



Foundation for Anesthesia Education and Research

Mentored Research Training Grant: 2017-2019

Human memory encoding under anesthesia: How pain affects hippocampal and amygdalar contributions to memory

A comparative study between midazolam and ketamine

ANESTHESIOLOGY

Midazolam and Ketamine **Produce Distinct Neural Changes in Memory**, **Pain, and Fear Networks** during Pain

Keith M. Vogt, M.D., Ph.D., James W. Ibinson, M.D., Ph.D., C. Tyler Smith, M.D., Ally T. Citro, B.S., Caroline M. Norton, B.S., Helmet T. Karim, Ph.D., Vencislav Popov, Ph.D., Aman Mahajan, M.D., Ph.D., M.B.A.,

Howard J. Aizenstein, M.D., Ph.D., Lynne M. Reder, Ph.D., Julie A. Fiez, Ph.D.

ANESTHESIOLOGY 2021; 135:69-82



Editor's Choice: Midazolam and Ketamine Neuroimaging during Pain

Midazolam and Ketamine Produce Distinct Neural Changes in Memory. Pain, and Fear Networks during Pain Keith M. V.,



INTERNATIONAL ANESTHESIA RESEARCH SOCIETY

Ę

VIRTUAL ANNUAL MEETING | MAY 15-16, 2021



Whole-brain network connectivity changes with midazolam sedation during task performance and periodic pain...



Neuroimaging to identify the neural correlates of anesthetic and analgesic action in humans

Project Number 1R35GM146822-01 Contact PI/Project Leader VOGT, KEITH MICHAEL Awardee Organization UNIVERSITY OF PITTSBURGH AT PITTSBURGH

Details		
Contact PI/ Project Leader	Other PIs	Program Official
Name VOGT, KEITH MICHAEL 🛃	Not Applicable	Name JUSTINOVA, ZUZANA
Title ASSISTANT PROFESSOR, PHYSICIAN Contact		Contact View Email
View Email		

Organization

Name UNIVERSITY OF PITTSBURGH AT PITTSBURGH

City PITTSBURGH Department Type ANESTHESIOLOGY Organization Type SCHOOLS OF MEDICINE State Code PA Congressional District 18



Learning Objectives (Addended)

- Describe my journey to becoming an independent investigator
- Emphasize the importance of mentors, advisors, and collaborators in any successful research program
- Give a realistic picture of failure and criticism of one's ideas and work.

Let's start at the beginning.



Advisors and mentors are integral to PhD training.

PhD, 2009 Biomedical Engineering

- MSTP Dissertation: Optimization of physiologic noise correction in functional magnetic resonance imaging
 - MD, 2011

























Functional MRI activation differs in several brain areas for left-handed compared to right-handed subjects receiving repeated painful right-sided electric nerve stimulations.

Red COLLED A COLE COLE L

5 A CARACTER V

1540

House and the second se

Significant differences between the FMRI activation maps of right-banded ys. left-banded subjects for a right-sided pins stimulation suggests that averaging the results of subjects with different band dominance may be invalid.

Results & Discussion



Medical Center

Poster & Author Inf









Medical

Center

KETTIIM VOGTRENG

MEDICAL

fMI

Changes in Mean Ra2 Values:

 Across the whole brain - 64.88% • In the thalamus ROI - 79,72%

verage MRI Signal in Thalamic ROI

Isions

Varial Name

andon UK



in this chin

· Both PPC

values were



with both cardiar

d, as in popular

toise correction additively

there are submining different sequences to commute the point sequence of a PNG and Z score maps for ETCO₂ are shown. The Fourth column, All, is a C agailtean paire correction in each voxel, with no intensity information. Those subject, the effects of physiologic naise correction on the group average activation



PhD, 2009 Biomedical Engineering
MSTP
Dissertation: Optimization of physiologic noise correction in functional magnetic resonance imaging
MD, 2011

T · H · E OHIO SIATE UNIVERSITY

UPMC

Anesthesiology Residency, 2015

Postdoctoral (T32) Research Fellowship, 2017

One of my most impactful research mentors was a peer & friend.

- Jim Ibinson, MD, PhD
- OSU MSTP, 2006
- UPMC Anesthesiology residency, 2010
- Pitt T32, 2012

Ę



Brain Connectivity, Vol. 5, No. 10 | Original Articles

Optimizing and Interpreting Insular Functional Connectivity Maps Obtained During Acute Experimental Pain: The Effects of Global Signal and Task Paradigm Regression

James W. Ibinson 🔄, Keith M. Vogt, Kevin B. Taylor, Shiv B. Dua, Christopher J. Becker, Marco Loggia, and

Ajay D. Wasan



Brain Connectivity, Vol. 6, No. 10 | Original Articles

Human Posterior Insula Functional Connectivity Differs Between Electrical Pain and the Resting State

Keith M. Vogt, Christopher J. Becker, Ajay D. Wasan, and James W. Ibinson 🖂

Published Online: 1 Dec 2016 | https://doi.org/10.1089/brain.2016.0436



Why am I not a primary pain researcher?

Mentorship







Center for Neuroscience UNIVERSITY OF PITTSBURGH

BRAIN INSTITUTE









T32 Mentoring team



Julie Fiez, PhD



Department of Psychology

Carnegie Mellon University



Lynne Reder, PhD



T32 Mentoring team



Julie Fiez, PhD

- Research: learning (reading)
- Exclusively uses fMRI
- Record of NIH funding, and current R21

Lynne Reder, PhD

- Research: human memory
- Mostly did behavioral studies and computational/ modeling work
- Used midazolam previously
- No funding (no interest)
- Retirement in ~5 years

BJA

British Journal of Anaesthesia 2015, i104-i113

doi: 10.1093/bja/aev038 ARTICLE

ARTICLE

Effect of propofol on the medial temporal lobe emotional memory system: a functional magnetic resonance imaging study in human subjects

K. O. Pryor^{1,2,*}, J. C. Root^{1,2}, M. Mehta², E. Stern³, H. Pan³, R. A. Veselis² and D. A. Silbersweig³

¹Department of Anesthesiology, Weill Cornell Medical College, 1300 York Avenue, New York, NY 10065, USA, ²Department of Anesthesia and Critical Care, Memorial Sloan Kettering Cancer Center, 1275 York Avenue, New York, NY 10065, USA, and ³Functional Neuroimaging Laboratory, Brigham and Women's Hospital, Harvard Medical School, 824 Boylston Street, Chestnut Hill, MA 02467, USA

Propofol may exhibit selectivity for inhibition of memory structures.

Hippocampus

Placebo









Br J Anaesth. 2015;115 Suppl 1:i104

Animal Images from:

- https://www.flickr.com/photos/usdagov/16802162424
- https://www.gettyimages.com/detail/photo/strikingrattlesnake-high-res-stock-photography/103301193





The amygdala plays important neuropsychiatric roles.

Amygdala activity:Is involved in fear conditioning

Nat Rev Neurosci. 2015;16: 317-31

Can occur after noxious stimuli

Prog Neuropsychopharmacol Biol Psychiatry. 2018; 87: 193-9.

Is correlated with anxiety & PTSD

Behavioural Brain Research. 2018; 223: 403-410.

... is under-explored under anesthesia

I created an experimental paradigm for medial temporal lobe modulation.

Hippocampus Amygdala

Placebo

Ę



I created an experimental paradigm for medial temporal lobe modulation under clinically-relevant conditions.



Predicted effects for midazolam and ketamine suggested a double-dissociation.



I had many outcome measures.

Explicit memory: words identified by memory testing

Implicit memory:

- Response time differences
- Heart-rate increases
- Electrodermal activity
- Brain activity:
 - Event-related functional MRI
 - Functional Connectivity

Pain seemed to have no effect on explicit memory under saline

Ę



Memory under midazolam was highly variable.



Ironically, these results were counter to previous seed grant reviewer feedback.

Ę

"The idea that acute pain will positively influence recall is <u>entirely predictable</u> and **probably** extensively shown in the literature. No novelties there."

Feedback on my second departmental seed grant was very critical.

- In the design appears muddled with too many variables (+/pain, saline, midaz), with preliminary results already pointing to variability that appears to be independent of the variables manipulated.
- Fold in the use of fMRI to detect the neural correlates of memory formation, and <u>it is not clear how anything</u> <u>meaningful can be generated from this study</u> without a very large number of subjects.



I also had exploratory outcome measures.

Explicit memory: words identified by memory testing

Implicit memory:

- Response time differences
- Heart-rate increases
- Electrodermal activity
- Brain activity:
 - Event-related functional MRI
 - Functional Connectivity

Response Time Data

Ę


I also had exploratory outcome measures.

Explicit memory: words identified by memory testing

Implicit memory:

- Response time differences
- Heart-rate increases
- Electrodermal activity

Sympathetic response

...(during nextday testing)

- Brain activity:
 - Event-related functional MRI
 - Functional Connectivity

Early electrodermal activity data was promising for a learned conditioned response.



Ę











From: Vogt, Keth (MD) <vositam@umc.edu> Sent: Tuesday, August 13, 2019 448 PM To: Mauricio Delgada https://digado.mauriciology.rutgers.edu Cc: Julie Fiez https://digado.mauriciology.rutgers.edu

Mauricio,

Thank you for your thoughts and detailed + prompt response. It would be wonder: time. I hope you are enjoying your summer travel.

To respond to your comments below with some notes thoughts, 1- We did a habituation to the US, while ittrating the nerve stimulator intensity and ~7-10 even when experienced for 1 sec. We did not do a habituation (prelim expory you're asking. In fact, we use a third mid-frequency tone for a volume check at th used subsequently). Perhaps this gets to two issues: a-Subjects maybe are getting too threatening aversive of a US?

a subjects may be are getting too uncatering aversive of a US. b They might not get the chance to discriminate the CS+ and CS- tones in a non add, before starting the US titration/habituation I described?

2- Yes, subjects seem to show a SCR to the initial shocks in the US habituation ph: water, then let dry, then apply the BioPac EDA electrode gel. That was the manufi subjects having a less robust EDA response is easy to implement by limiting to sut

3- The CS tones are 2650ms long. The files are attached, so you can listen to their with, I was trying to make them more distinct than a single-frequency tone. When CS+ ends. The ITI is 8 seconds, with 0 to 2 seconds of jitter added in (may be unr





Of course, I also planned to do functional MRI.

Explicit memory: words identified by memory testing

Implicit memory:

- Response time differences
- Heart-rate increases
- Electrodermal activity
- Brain activity:
 - Event-related functional MRI
 - Functional Connectivity



Fig 3. Preliminary fMRI contrast for remembered vs. forgotten words. Human memory encoding under anesthesia: how pain affects hippocampal and amygdalar contributions to memory

Randomized within-subject, saline-controlled, crossover trial, midazolam vs. ketamine





UPNC LIFE CHANGING MEDICINE

My initial imaging results didn't have robust hippocampal or amygdalar activation.



Vogt, Unpublished data, 2019

Ę

Pryor, et al., Br J Anaesth. 2015;115 Suppl 1:i104

Realization: fMRI analysis techniques had developed significantly since my PhD.

- Accepted practices widely differed for:
 - Physiologic noise correction
 - Thresholding to correct for multiple comparisons
- Complicated experimental designs require many small, important decisions (assumptions) in analysis.
- Departmental statisticians are no help



Time for another mentor?

- Howard Aizenstein, MD, PhD (CompSci)
- Research: age-related cognitive and affective neuroscience
 Expert in cutting-edge & complex fMRI analysis techniques
- Many bioengineering students, postdocs, and collaborators









7T BIOENGINEERING RESEARCH PROGRAM AND RADIOFREQUENCY RESEARCH FACILITY

Home About Us Collaborators Research Our News T32: Bioengineering in Psychiatry NIH: Facilities/Equipment

OUR TEAM

Collaboration with bioengineering has resulted in significant data acquisition enhancements.

7TBRP + RF Research Facility http://rf-research-facility.engineering.pitt.edu



NIH R01 MH111265 NIMH and NIH R01 AG063525 NIA

Collaboration with bioengineering has resulted in significant data acquisition enhancements.

7TBRP + RF Research Facility http://rf-research-facility.engineering.pitt.edu



NIH R01 MH111265 NIMH and NIH R01 AG063525 NIA

I did some of my own networking too.





Networking at meetings can pay off.



British Journal of Anaesthesia 2015, i104–i113

doi: 10.1093/bja/aev038 ARTICLE

ARTICLE

Effect of propofol on the medial temporal lobe emotional memory system: a functional magnetic resonance imaging study in human subjects

K. O. Pryor^{1,2,*}, J. C. Root^{1,2}, M. Mehta², E. Stern³, H. Pan³, R. A. Veselis² and D. A. Silbersweig³

¹Department of Anesthesiology, Weill Cornell Medical College, 1300 York Avenue, New York, NY 10065, USA, ²Department of Anesthesia and Critical Care, Memorial Sloan Kettering Cancer Center, 1275 York Avenue,

Networking at meetings can pay off.





Ę I got to meet a fellow anesthetic fMRI researcher.





Kane Pryor, M.B.B.S.

Vice Chair for Academic Affairs

Director of Clinical Research

Director of Education

Associate Professor of

Associate Professor of



Adult Patients -

Memorial Sloan Kettering Sloan Kettering Institute | Giving | Locations | Doctors | Appointments | Contact **Cancer Center**

Child & Teen Patients -

Healthcare Professionals -

Research Scientists -

About Us & News -

Find a Doctor

Robert A. Veselis, MD Neuroanesthesiologist

Titles

Vice Chair for Research, Department of Anesthesiology & Critical Care Medicine

Clinical Expertise Critical Care Medicine; Neuroanesthesiology



Our periodic discussions have helped clarify many specific experimental decision points.



Meeting one person opened many doors.





REVIEW

Curr Opin Anesthesiol 2022, 35:593–599



Anesthesia and the neurobiology of fear and posttraumatic stress disorder

Keith M. Vogt^{a,b,c,d} and Kane O. Pryor^e

NIH "summary statement" communicates (sometimes harsh) feedback.

PROGRAM CONTACT: Alison Cole (301) 594-3827 colea@nigms.nih.gov

SUMMARY STATEMENT

(Privileged Communication)

Release Date: 10/22/2018 Revised Date:

Application Number: 1 K23 GM132755-01

Principal Investigator

VOGT, KEITH MICHAEL

Applicant Organization: UNIVERSITY OF PITTSBURGH AT PITTSBURGH

Review Group: SAT

Surgery, Anesthesiology and Trauma Study Section

Meeting Date: 09/26/2018 Council: JAN 2019 Requested Start: 07/01/2019 RFA/PA: PA18-374 PCC: T2KAAC

NIH "summary statement" communicates (sometimes harsh) feedback.

- ... "application does not demonstrate adequate understanding of the pharmacology of (anesthetics) ... and there is no mentoring or didactic plan to achieve this"...
- Given the central nature of neuropharmacology to the career goals, inclusion of a mentor with expertise in this area" ...

There were no Pitt pharmacology faculty that would be a good fit as a mentor.



Primary Faculty



Carola Neumann, MD

Chair for Precision and

Edwin S. Levitan, PhD

Research Operations

dod1@pitt.edu

412-624-4259

Professor & Vice Chair for Associate Professor & Vice Professor & Vice Chair for Associate Professor & Vice Chair for

Faculty Affairs

Michael J. Palladino, PhD Francisco J. Schopfer, PhD

Chair for Biotechnology



Professor & Vice Chair for Associate Professor & Vice Research Research Info feg5@pitt.edu

Chair for Graduate Education Research Info tcj11@pitt.edu 412-648-8136

Sruti Shiva, PhD

Academics and Equity





Martin Buckley, PhD

Visiting Assistant Professor

msb109@pitt.edu

Katherine Aird, PhD Associate Professor kaa140@pitt.edu 412-623-7709 Research Info astraub@pitt.edu 412-648-7097

Daniel Altschuler, PhD Associate Professor Research Info altschul@pitt.edu 412 648 9751

Palaniappa Arjunan, PhD Research Instructor arjun@pitt.edu 412-688-6000

Jonathan M. Beckel, PhD Associate Professor jmbeckel@pitt.edu 412-383-5004



Eugenia Cifuentes Pagano. PhD Research Assistant Professor



412-648-9357

Eun-Ryeong Hahm, PhD





Peter A. Friedman, PhD William Furey, PhD Professor Professor Research Info fureyw@pitt.edu paf10@pitt.edu 412-607-3106 412-383-7783



Edwin K. Jackson, PhD

Distinguished Professor

Research Info

edj@pitt.edu

412-648-1505



Sergei Karnup, PhD Research Instructor skarnup@pitt.edu 412-648-9373





Research Instructor rba19@pitt.edu

Dinara Bulgari, PhD Research Assistant Professor dms31@pitt.edu

Fei Chang, PhD Research Instructo fec29@pitt.edu

Research Instructor euh2@pitt.edu 412-623-3262



Yi Huang, PhD

Assistant Professo

yih26@pitt.edu

412-641-3589



Professor

Research Info

yuj5@pitt.edu

412-648-3390



Call the NIH program officer.

Alison Cole, PhD



She advised me to find <u>the</u> best pharmacology mentor, even if not at U. Pitt.

WELCOME TO THE FRIENDS OF FAER BREAKFAST

OCLOSEN GAT

SATURDAY, OCTOBER 13 7:00 AM - 8:30 AM Golden Gate Room

FAER

Steve Shafer, MD
Professor @ Stanford University
Research: Anesthetic pharmacology



This guy agreed to be my mentor.

Steve Shafer, MD

- Professor @ Stanford University
- Research: Anesthetic pharmacology
- Author, STANPUMP target-controlled infusion software http://opentci.org/code/stanpump



Computer Conf Drug: propofo	0.74-2, C trolled In	ou speed: 300 fusion Pump. Re meters: Schnider	00 cycles, Fram vision: 12/18/9 - no opioids	— [SIMULATION		
Current time: Elapsed time:	: Day: O : O mi	STANPU	STANPUMP				
Location Plasma	Units ug/ml	Predicted	Target	running ii DOS emi	n MS- Jator		
Effect Site	ug/ml	0.10	0.75				
Total infused Total infused	l: l:	15.521 mg 1.552 mls	0.222 mg∕kg				
Pump rate: 0.000 ml/hr, 0.00 (ugs/kg/min) Effect site level of 0.50 expected in 0.0 minutes							
F1: raise or lower the propofol level F6: select constant rate mode.							
F5: simulate	e as fast	as possible.	F10: terminat	e infusion at	end of study.		

Pump status: OK

Ē

StanpumpR is an updated & enhanced pharmacokinetic modeling tool.

stanpumpR

Ē





Dose Table

Reference Time

none

Feedback on my K23 grant resubmission included

"The candidate responded well to critiques by including pharmacology training plan and including an expert in anesthetic pharmacology as a co-mentor."



Principal Investigator(s): Keith Michael Vogt, MD

Project Title: Anesthestic modulation of human memory during acute pain

Neuroimaging to identify the neural correlates of anesthetic and analgesic action in humans

Project Number 1R35GM146822-01 Contact PI/Project Leader VOGT, KEITH MICHAEL Awardee Organization UNIVERSITY OF PITTSBURGH AT PITTSBURGH

Details		
Contact PI/ Project Leader	Other PIs	Program Official
Name VOGT, KEITH MICHAEL 🛃	Not Applicable	Name JUSTINOVA, ZUZANA
Title ASSISTANT PROFESSOR, PHYSICIAN Contact		Contact View Email
View Email		

Organization

Name UNIVERSITY OF PITTSBURGH AT PITTSBURGH

City PITTSBURGH Department Type ANESTHESIOLOGY Organization Type SCHOOLS OF MEDICINE State Code PA Congressional District 18



UPMC University of Pittsburgh Medical Center

Department of Anesthesiology & Perioperative Medicine A-1305 Scaife Hall 3550 Terrace Street Pittsburgh, PA 15261

September 20, 2021

It is with great enthusiasm that I am writing to support the NIGMS R35 MIRA application with PI Keith <u>M. Vogt</u>, MD, PhD. Keith is an exceptional early-stage investigator in my department here in the Sincerely,

Aman Mahajan, MD, PhD, MBA Professor; Peter and Eva Safar Chair Department of Anesthesiology & Perioperative Medicine University of Pittsburgh School of Medicine

AVERSITE	UPM	University of Pittsburgh			
	Departn Per	University of Pittsburgh			
		Kenneth P. Dietrich School of Arts and Sciences	Julie Fiez, Ph.D.		
September 20, 202	21	Department of Psychology	Office of the Chair 3129 Sennot Square Pittsburgh, PA, 15271 412-624-4501; fiez@pitt.edu		
It is with great enthusiasm that l <u>M. Vogt</u> , MD, PhD. Keith is an Sincerely,		September 23, 2021			
		Dear Special Emphasis Panel Members,			
		I am writing to convey the greatest possible enthusiasm for the R35 ESI MIRA application, "Behavioral and neural correlates of anesthetic and analgesic action in humans", with PI and early-stage investigator Keith Vogt, MD, PhD. In summary, this application describes a highly significant research program that is poised to overcome a critical barrier to progress in the area of how anesthetic pharmacology affects brain function using a rigorous systems-neuroscience approach.			
Aman Mahajan, M	D, PhD, MB/				
Professor; Peter an Department of Ane University of Pittsl	d Eva Safar C esthesiology & burgh School				
		Julie A. Fiez Professor and Chair, Department of Psychology Professor, Department of Neuroscience Professor, Department of Communication Sciences & Disorders Senior Scientist, Learning Research & Development Center University of Pittsburgh,			





University of Pittsburgh School of Medicine

Department of Psychiatry

Howard J. Aizenstein, M.D., Ph.D. 3501 Forbes Avenue Oxford Building, Room 520.09. Pittsburgh PA 15213 412-246-5464 aizensteinhj@upmc.edu

September 20, 2021

Department of Psychc

Kenneth P. Dietrich Sch

September 17, 2021

It is with great enthusiasm that] M. Vogt, MD, PhD. Keith is an Sincerely, Dear Special Emphasis

September 23, 2021

Dear Review Group Members,

Aman Mahajan, MD, PhD, MBA Professor: Peter and Eva Safar C Department of Anesthesiology & University of Pittsburgh School

Sincerely, I am writing to convey th neural correlates of ane

Vogt, MD, PhD. In sumr

to overcome a critical ba

using a rigorous system Howard J. Aizenstein MD, PhD Charles F. Reynolds III and Ellen G. Detlefsen Endowed Chair of Geriatric Psychiatry Professor of Psychiatry, Bioengineering, and Clinical and Translational Sciences School of Medicine, University of Pittsburgh

Julie A. Fiez Professor and Chair, Department of Psychology Professor, Department of Neuroscience Professor, Department of Communication Sciences & Disorders Senior Scientist, Learning Research & Development Center University of Pittsburgh,

TTTN I COLUMPTET OF P



Septemb September 21, 2021

Dear Keith,

It is with

M. Vogt

I am happy to continue our ongoing collaboration and fully support your Sincerely application to the R35 ESI MIRA program (PAR 20-117). We have been working closely for the past 2 years, in adapting and running your anesthetic drug functional MRI protocol on the 7 Tesla MRI scanner here at the University of Pittsburgh. I am committed to continue this support and assist with your projects throughout the grant years, including the series of proposed neuroimaging experiments.

Aman M

Professo

Departm

Universi

Tamer S. Ibrahim, PhD Professor: Bioengineering, and Psychiatry Director: 7 Tesla Bioengineering Research Program (7TBRP)

University of Pittsburgh School of Medicine

ard J. Aizenstein, M.D., Ph.D. 3501 Forbes Avenue)xford Building, Room 520.09. Pittsburgh PA 15213 412-246-5464 aizensteinhj@upmc.edu

Department of Bioengineering Swanson School of Engineering

306 Center for Bioengineering 300 Technology Drive Pittsburgh, PA 15219 412-383-9713 Fax: 412-383-8788 www.engineering.pitt.edu/bioengineering

atry

TIDN I CO | University of P



University of Pittsburgh School of Medicine

ard J. Aizenstein, M.D., Ph.D.

DEPARTMENT OF ANESTHESIOLOGY PERIOPERATIVE AND PAIN MEDICINE 300 PASTEUR DRIVE, MC-5640 STANFORD CA 94305-5640

> PHONE: (650) 725-5837 PAGER: (415) 607-1117 MOBILE: (650) 704-0558 E-MAIL: STEVEN.SHAFER@STANFORD.EDU

Septemb September 21, 2021

It is with <u>M. Vogt</u> Sincerely I am happy to continu application to the R35 E: Sincerely,



Stanford University Medical Center

STEVEN L. SHAFER, MD EMERITUS PROFESSOR OF ANESTHESIOLOGY, PERIOPERATIVE AND PAIN MEDICINE

September 20, 2021

Dear NIH Study Section Members,

Aman M Professo Departm Universi Sincerely,

Tamer S. Ibrahim, PhD Professor: Bioengineer Emeritus Professor of Anesthesiology, Perioperative and Pain Medicine, Stanford University Director: 7 Tesla Bioengineering Research Program (7TBRP)

But that's not all.

Ę









Mentors and collaborators are **THE** key to research success.

- Expand contextualization of prior work
- Refine experimental designs
- Leverage network of contacts for additional help


Finding mentorship and collaboration is not easy.

- It takes time to develop this network
- Not all interactions result in meaningful help
- Many (of your own) ideas/approaches are bad

Take home point:

Even the best-trained and/or mostexperienced investigators should maximize input from mentors and collaborators to ensure research success!